

European Center for Peace and Development of the University for Peace established by the United Nations (ECPD), ECPD International Center for Integrative Medicine, ECPD Global Youth Forum in the framework of the ECPD International Program of Transfer of Knowledge System, organizes

ECPD International Seminar INTERGENERATIONAL TRAUMA

Belgrade, 16 December 2021

11:00 – 13:00 pm

<https://zoom.us/j/2289501163?pwd=Rk9UVm9aaVINWEo4ZmRrbmVQeEUrUT09>

European Center for Peace and Development University for Peace established by the United Nations is organising the International Seminar “Intergenerational Trauma” with the main goal to improve understanding and facilitate the recognition as well as successful overcoming of intergenerational trauma.

The main topics of the Seminar are as follows:

- Contemporary concept and research related to intergenerational trauma
- How to explain intergenerational trauma sociologically
- How to recognize intergenerational trauma, especially in young people with psychological/psychiatric symptoms
- Case presentations from professional experience and literature
- Panel discussion: How to stop further transmission of intergenerational trauma

This International Seminar is primarily aimed at representatives of the young generations and special focus will be placed on the experience of young people from the Balkan region.

The Program Director and key speaker is Prof. Dr. Mila Goldner Vukov, professor at the ECPD UN University for Peace, member of the Royal Psychiatric College of Australia and New Zealand and one of the founders of family psychotherapy in South East Europe. Professor Goldner Vukov is psychiatrist with significant professional experience in the field of transcultural psychiatry, perinatal psychiatry, adolescent and adult psychiatry, and in particular **intergenerational trauma** and consequences on current generations of youth.

On behalf of the group of young experts gathered around the **ECPD Youth Network**, the presentation will be given by **Ass. Prof. Dr. Erik Brezovec**, sociologist, University of Zagreb, Croatia.

CONCEPT OF INTERGENERATIONAL TRAUMA

Contemporary concept of **intergenerational trauma** describes transmission of traumatic experiences from previous generation/generations to further multiple generations. **Transgenerational trauma** is a trauma passed from one generation to the other, meaning from parents to children or from other even non biological related people to children: adoptive parents, therapist, foster parents. Suffering and symptoms of further generations (anxiety, depression or nonspecific symptoms) are usually not recognized as the process of reliving the trauma from previous generations.

Traumatic experiences of previous generations can be manifested on **individual level** (traumatic death, suicide, poverty, intrauterine stress, etc.) or as **family, collective, historical and cultural trauma**.

Historical/cultural trauma is usually mass trauma which is deliberately inflicted upon target group by a dominant group. Trauma continues over extended period of time. It results in physical, psychological, social and economic disparities across generations.

Groups identified as experiencing historical trauma are mostly: **First nation people; People of colour; Japanese Americans; Jewish people; Immigrants; LBTQ; Families experiencing intergenerational poverty; Refugees and Women.**

Traumatic experiences in a previous generations are causing more mental health problems in further generations: **3 times more depression, 15 times more suicide and 4 times more alcoholism and substance abuse.**

Transmission of intergenerational trauma is related to epigenetic process and methylation on genes causing changes in gene expression. Also, implicit memory, as well as attachment issues, behavioural and mental health problems of parents or ancestors are playing important role in trauma transference.

Problem with intergenerational trauma can be connected to a lack of information about traumatic experiences which is affecting individuals and families on the unconscious level. Family members usually do not talk about past traumas until one or more members of the family develop unusual symptoms and when during psychotherapy process someone asks a question about what was happening in the past on the family level or cultural/historical level.

ORGANIZATION

International Seminar will be organized on **December 16, 2021**, from **11:00 - 13:00 pm** via **ZOOM platform**

CERTIFICATE

Based on the participation, all the participants will receive **Certificate of the ECPD University for Peace established by the United Nations.**

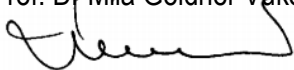
APPLICATION FOR PARTICIPATION

An application should be delivered to the following address: European Center for Peace and Development (ECPD) UN University for Peace, Terazije 41, 11000 Belgrade, Serbia; Tel: +381 3246 041; E-mail: office@ecpd.org.rs; www.ecpd.org.rs

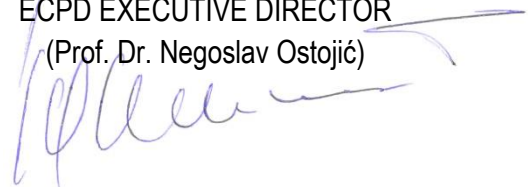
We are looking forward to receiving your application and welcoming you at the Seminar.

Sincerely yours,

PROGRAM DIRECTOR
(Prof. Dr. Mila Goldner Vučkov)



ECPD EXECUTIVE DIRECTOR
(Prof. Dr. Negoslav Ostojić)



**ECPD International Seminar “INTERGENERATIONAL TRAUMA”
Belgrade, 16 December 2021**

APPLICATION FORM

1. First and last name _____

2. Qualifications _____

3. Specialty _____

4. Organization (name, address, telephone) _____

5. Job or position _____

6. Contact address (if different from above-specified) _____

7. Telephone _____

E-mail address: _____

The Application Form should be delivered to the European Center for Peace and Development of the University for Peace established by the United Nations, Terazije 41, 11000 Belgrade; E-mail: office@ecpd.org.rs

Place and date: _____ Applicant: _____